

# Heart Vines

by  
Sara Hartmann

**“In art, the hand can never execute anything higher  
than the heart can imagine.”**

**-Ralph Waldo Emerson**



Swatching through Barbara Walker’s *Second Treasury* one day, I was struck by the subtle heart shape inherent in the un-blocked vine stripe pattern and instantly began to think about a special way to use it. To me, one of the most exciting moments in knitting is when your imagination goes wild with ideas and your hands can only follow one stitch at a time. Heart Vines reminds me that good knitting—like good living—needs imagination and heart.

Knit in the round from the bottom up, this lace beret is a simple instant-gratification knit! If you’ve ever struggled with lace, the easy-to-follow pattern will help you break through the barrier.

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For pattern support or feedback, contact Sara at [girlinsheepsclothing@gmail.com](mailto:girlinsheepsclothing@gmail.com)

## Difficulty

Intermediate

## Skills Used

Knitting in the round  
Increasing & decreasing  
Binding off  
Using double-pointed needles

## Size

One-Size: to fit the average adult head

## Finished Measurements

Height: 8 inches  
Brim circumference, unstretched: 15 inches (38 cm)  
Will comfortably fit head up to 24 inches (61 cm)



## Materials

Red Heart Eco-Ways Bamboo Wool  
Fiber: 55% bamboo, 45% wool; 87 yd/80 m per 50 g ball  
Color: Twilight; #3845; 2 balls  
**2 balls**

## Needles

1 16-inch US #8/5mm circular needle  
1 16-inch US #9/5.5mm circular needle  
1 set US #8/5mm double-pointed needles

## Yarn Alternative

Patons Angora Bamboo  
Fiber: 55% bamboo, 35% wool, 10% angora; 80 yd/73 m per 50 g ball  
Color: Soft White; #90005; 2 skeins

## Notions

stitch marker  
yarn needle

## Gauge

16 sts/24 rows = 4 inches (10 cm) in stockinette stitch, Red Heart Eco-Ways Bamboo Wool  
16 sts/22 rows = 4 inches (10cm) in stockinette stitch, Patons Angora Bamboo

# PATTERN

## Hat Brim

Using larger circular needle, CO 76 sts. *Do not join.* Slip cast-on sts to smaller circular needle. Pm and join for working in the round.

Round 1: \*Knit 2, purl 2; rep from \* around, slipping marker as you come to it.  
Repeat Round 1, 8 times more.

## Hat Body

Change to larger circular needle.

Increase Round: \*K2, m1, k3, m1; rep from \* around to last 3 sts, k3... 105 sts.

## Begin lace pattern:

Round 1: Knit.

Round 2: \* K3, (yo, k1) twice, ssk, k3, k2tog, k1, p2; rep from \* around.

Round 3: Knit.

Round 4: \* (K3, yo) twice, k1, ssk, k1, k2tog, k1, p2; rep from \* around.

Round 5: Knit.

Round 6: \* K3, yo, k5, yo, k1, sl 1 – k2tog – pss0, k1, p2; rep from \* around.

Round 7: Knit.

Round 8: \*K1, ssk, k3, k2tog, (k1, yo) twice, k3, p2; rep from \* around.

Round 9: Knit.

Round 10: \*K1, ssk, k1, k2tog, k1 (yo, k3) twice, p2; rep from \* around.

Round 11: Knit.

Round 12: \*K1, k3tog, k1, yo, k5, yo, k3, p2; rep from \* around.

Rep rounds 1-12 twice more.

## Crown Decreases

Note: Switch to double-pointed needles when you have too few sts to fit around the circular needle.

Round 1: Knit.

Round 2: \*K2tog; rep from \* to last st, k1... 53 sts.

Rep rounds 1-2 twice more... 14sts.

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Round 3: \*K2tog; rep from \* around... 7 sts.

Round 4: Knit.

## FINISHING

Break yarn, leaving a 6-inch (15 cm) tail. Thread yarn through remaining live sts and pull tight to close up center. Weave in yarn ends. Block lightly if desired. Gentle steam blocking over a dinner plate will enhance beret's slouchiness!

## About the Designer

As a young girl desperate for a crafty outlet, the designer routinely horrified her mother by cutting legs from jeans and necks from t-shirts in strange and primal cravings to "make something." Finally, at age 23, she discovered knitting through Miss Marple, that elderly spinster who kept her company in the period following an 860-mile move from home. She has not looked back.

Learn more about Sara's knitting journey at <http://girlinsheepsclothing.wordpress.com> and <http://swatchthis.tumblr.com>  
Ravelry ID: [beaucoupknits](#)

## Abbreviations

CO – cast on

k – knit

p – purl

rep – repeat

Sl – slip

yo – yarn over

ssk – slip, slip, knit

k2tog – knit 2 together

K3tog – knit 3 together

pss0 – pass slipped stitch over

pm – place marker

